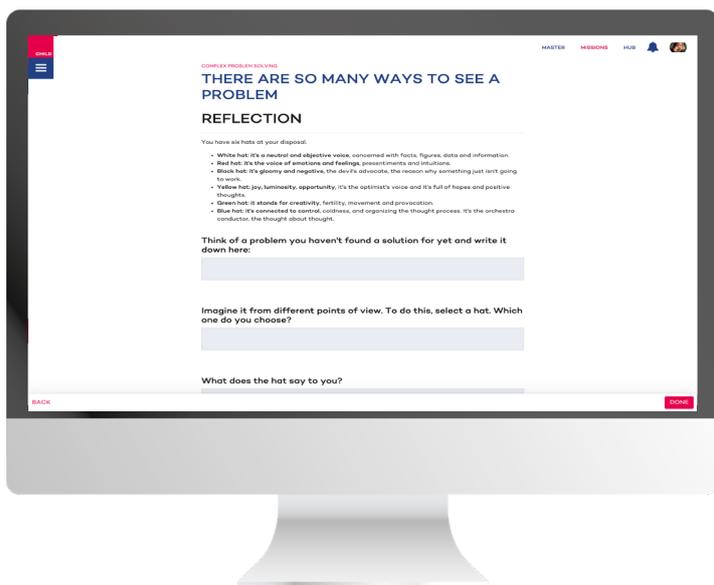




CHILD

Transform your parenting experiences into a training ground for soft skills that are essential for professional growth.

Being mentally agile and managing your emotions are key to effectively facing life transitions, such as parenthood. This transition trains organizational and problem solving skills too, managing multiple moving parts in complex situations and putting your managerial skills to the test! Children continually train our skills in a natural and extraordinary way. And this training ground is available to us 24/7!



WHO IT'S FOR



Employees who are new parents (men and women) with children under 3 years old, as well as expectant mothers.

WHERE

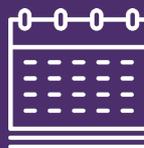


Online via a dedicated web app.

WHEN

We advise studying once per week for around 20 minutes at a time. New mothers can access the course in the months leading up to the birth of their child, during maternity leave and upon returning to work.

DURATION



Available for 12 months, starting from the registration date.

WHAT THE PROGRAM OFFERS

TRAINING MODULES

Micro-learning modules with reading materials, media, self-evaluation questionnaires and open questions that stimulate reflection.

TRAINING GROUNDS

12 modules, each one dedicated to a soft skill. The initial self-assessment allows you to rank your skills before giving you guidance on how to link your life experiences to improving those same skills. At the end, we create space to reflect and become more aware of the skills.

REAL LIFE MISSIONS

Applying learnings to real life situations, both at home and at work, we make space to reflect on behaviour and become more aware of the skills that can be used and improved with the Life Based Learning method.

BACK TO WORK

A final project to apply what you have learned through the program and your parenting experiences to the work environment. We explore a range of 'transilience' exercises, showing you how to apply skills gained in one area of life to a different area.

HUB

A space to share thoughts, experiences and feelings that make parenthood a unique experience. It's a chance to connect with other parents that are active on the platform.

DIARY AND CERTIFICATE

A way of recording your learnings and reflective writing throughout the program. Participants can also download an attendance certificate.

LIFE BASED LEARNING

Transforms life experiences into a training ground for soft skills

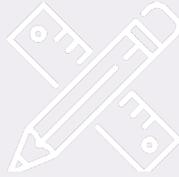
Unlock life's value in your professional life with an innovative and scientifically-proven methodology, allowing you to excel in your career by training soft skills that are in high demand in the workplace. These same skills are activated through caring for others.

SKILLS TRAINED THROUGH THE PROGRAM



RELATIONAL SKILLS

Empathy
Listening
Communication
Creating alliances



ORGANIZATIONAL SKILLS

Delegation
Time and priority
management
Knowing how to make
decisions
Complexity management



INNOVATION SKILLS

Complex problem
solving
Creativity
Mental agility
Vision and change
management



Available in the following languages:

- Italian
- English



Available to use on every device and operating system.



In line with the latest privacy policies, participant data is used anonymously for research and reporting purposes.

For further information, contact us on
contact@lifebasedvalue.com