LIFEED

PARENTHOOD FEEDS EDUCATION

11

PARENTS

Lifeed links the before to the after. It accompanies the parenthood transition, giving it a deep sense of meaning and valuing it as a training experience.

Paola Magrini, Diversity Enel

Parents are naturally generative leaders: "active producers" that grow people and projects that extend beyond their tenure.

They use an intense mix of soft skills, including relational, organizational and innovation skills, each of which is strengthened by their parenthood experiences.

There are skills that parents of school-age children strengthen more than others. These skills are the most sought-after in the world of work. Specifically:

- Leadership
- Change Management
- Empathy
- · Giving and receiving feedback

Children create continuous and extraordinary opportunities to train our soft skills. These opportunities arise naturally and are always available to us. So why waste them?





Employees that are new parents (men and women) with children aged 4-18 years



15,000 participants



70 Companies involved



Collaborations with Universita' Ca' Foscari, Bologna University, Bicocca University, National Innovation Center for Ageing and Kellogg School of Management



80% of people rate Lifeed positively



75% of people feel stronger after using Lifeed

HOW LIFE BASED LEARNING WORKS

FORMATIVE MODULES

Micro-learning lessons with multimedia materials and open questions that stimulate reflection. Content is designed to connect learnings taken from personal experiences with the working dimension (and viceversa).

TRAINING GROUNDS

Modules dedicated to skills such as leadership, change management and empathy. Content is organized in a way that assesses the skills, poses questions that connect learnings to life and leaves space for reflections to boost self awareness about personal resources.

REAL-LIFE MISSIONS

Opportunities to consider and compare everyday experiences, both at work and at home. Missions focus on behaviors, self-reflection and self-awareness that has emerged through the training journey, in line with the Life Based Learning Method.

MULTI-ME®

A self-awareness tool based on Lifeed's proprietary technology and a Kellogg School of Management algorithm. Multi-Me® allows people to express and explore their various identity dimensions, identifying their traits and becoming more aware of how their roles enrich each other and evolve over time.

HUB

A space to share thoughts, experiences and emotions that are unique to parenthood. It's also an opportunity to connect with other active parent users on the platform.

PEOPLE INSIGHT

Data is gathered and processed by a multidisciplinary team of work psychology and data science experts, using advanced analytics. This analysis give companies insights into their people's needs, identity dimensions and aspirations.

LIFE BASED LEARNING

Transforms life into a training ground for soft skills

Life transitions, such as parenthood or caring for an elderly relative, harness powerful learning potential. **Life Based Learning** activates it, improving key skills up to **35%**, lowering effort (90% of participants feel "stronger") and revealing talents that are often hidden. People feel like their company sees them fully, with **90%** of participants feeling more motivated and engaged.

SKILLS TRAINED THROUGH LIFEED



Empathy

Listening

Communication

Alliance creation



ORGANIZATIONAL SKILLS

Delegation

Time and priority management

Decision making

Complexity management



SKILLS

Complex problem solving

Creativity

Mental agility

Vision and change management



Available in the following languages:

- **//**Italian
- **#**English



Compatible with every device and operating system.



In line with the most recent privacy policies, participant data is used anonymously and exclusively for research and reporting purposes.

For further information, please contact us on info@lifeed.io